## SST PRIVATE / SMALL GROUP WINTER TRAINING

You can book individual weeks or all 10 weeks. Up to **6 players**. SST Trainers will run these sessions at the Atlantic Club inside their Turf Center. The cost is **\$175** for **90 minutes** and payment will be due upfront.

## EMAIL SST'S TECHNICAL DIRECTOR, JOSEPH SCHMID, TO GET SCHEDULED: JOSEPH.SCHMID7@GMAIL.COM

1/20

Open

Open

Open

1/27

**Mondays** 

Field A

Field A (4:30-6pm)

Field B

(4:30-6pm)

1/6

Open

1/13



3/3

3/10

Thursdays	1/9	1/16	1/23	1/30	2/6	2/13	2/20	2/27	3/6	3/13
Field D (4:30-6pm)	Open									
Field C (4:30-6pm)	Open									
Field B (4:30-6pm)	Open									
(4:30-6pm)					Open	Open	Open	Open	Open	Open

Open

Open

2/3

2/10

2/17

Open

Open

Open

Open

2/24